

## Absolutes

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### What is it?

An absolute is the most expensive ingredient in perfumery. Similar to an essential oil, but the method of extraction is different, and the end result is a product that is more concentrated.

### How does it work?

Absolutes are not steam-distilled or cold-pressed as are most essential oils; they are solvent extracted at a low temperature which keeps the delicate aromatics intact. The scent of some flowers cannot survive a steam-distillation, so must be solvent extracted; examples are Jasmine and Mimosa. Roses and Orange Blossoms can, but an absolute give a true scent of the original flower.

This process extracts the aromatic compounds from the plant matter or fatty pastes used (enfleurage), usually blossoms in from which very little oil is available. The solution is then filtered, followed by a distillation process which concentrates the solution, which is then put into a food grade solvent like hexane. When the solvent evaporates, the absolute is what is left behind. Absolutes may contain trace elements of the solvent at the end of the process.

### Recipe:

*This recipe is fragrant, inviting, and classic - so it outlives any particular time period of popularity. And because it is made with natural aromatics, it will not trigger allergies so often as synthetic fragrances do.*

<b>Metric</b>	<b>Ingredients</b>	<b>Imperial</b>
15 ml	Jojoba Oil	2 T.
1 drop	Jasmine Absolute	1 drop
4 drops	Rose Absolute	4 drops
5 drops	Sandalwood EO	5 drops

- In a sterile bottle, combine the oil and shake well.
- Allow to sit a few days to allow the fragrances to blend.
- Apply a few drops to pulse points on wrist, throat, and behind the knees.



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